


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>April 2024 Lunch Menu</h1>  <p>leading the way in aging services</p>			<p>Notes: Menu may be subjected to change without notice.</p> <p>Sit-down congregate lunch served from 12pm – 1pm, M-F.</p> <p>Coffee/tea set up is available starting at 9am.</p>	
<p>1</p> <p>Roast Turkey Breast Sautéed Spinach Sweet Baked Yams Apple Cranberry Sauce</p>	<p>2</p> <p>Chicken Alfredo Penne Italian Cut Green Beans Canned Pineapple</p>	<p>3</p> <p>Eggplant Chickpea Tagine (Moroccan Eggplant + Chickpea Stew) Couscous Steamed Carrots and Green Beans Orange</p>	<p>4</p> <p>Chicken Biryani Cauliflower and Pea Curry Applesauce with Raisins</p>	<p>5</p> <p>Jerk Fish California Blend Vegetables Garlic Mashed Potatoes Banana</p>
<p>8</p> <p>Beef Meatloaf with Mushroom Gravy Garlic Mashed Potatoes California Blend Vegetables Banana</p>	<p>9</p> <p>BBQ Pork Chops Brown Rice with Black Beans Broccoli and Red Peppers Fruit Cocktail</p>	<p>10</p> <p>Indulgent Mushroom and Lentil Stroganoff Baby Carrots and Parsley Orange</p>	<p>11</p> <p>Jerk Chicken Leg Quarters Brown Rice with Mushrooms Sautéed Green Beans with Onions Mango</p>	<p>12</p> <p>Asian Style White Fish with Cilantro Chinese Style Spaghetti Brussel Sprouts Kiwis</p>
<p>15</p> <p>Ginger Garlic Beef Stew Whole wheat Pasta Italian Blend Vegetables Apple</p>	<p>16</p> <p>Chicken Kofta Kabobs Baby Carrots and Parsley Parmesan Rosemary Mashed Potatoes Fruit Cocktail</p>	<p>17</p> <p>Indulgent Bean and Veggie Stew Red Lentil Pasta Cauliflower with Carrots and Parsley Banana</p>	<p>18</p> <p>Chicken Chasseur Half White Rice Half Quinoa Sautéed Spinach Orange</p>	<p>19</p> <p>Baked Fish with a Lemon Dill Marinade California Blend Vegetables Garlic Mashed Potatoes Mango</p>
<p>22</p> <p>Cheese Ravioli Steamed Peas and Carrots Sautéed Spinach Canned Peach Slices</p>	<p>23</p> <p>Pork Meatballs Perfect White Rice Baby Carrots with Parsley Apple</p>	<p>24</p> <p>Eggplant and Lentil Curry Delight Roasted Vegetable Couscous California Blend Vegetables Canned mandarin oranges</p>	<p>25</p> <p>BBQ Chicken Leg Quarter Rasta Pasta Cauliflower and Pea Curry Banana</p>	<p>26</p> <p>Baked Flounder Pearled Barely Sautéed Spinach Kiwis</p>
<p>29</p> <p>Eggplant Parmesan with Ricotta Broccoli and Red Peppers Fruit Cocktail</p>	<p>30</p> <p>Hawaiian Chicken Legs Garlic Mashed Potatoes Prince Edward Blend Vegetables Apple</p>			

CARTER BURDEN NETWORK

LEHMAN VILLAGE OLDER ADULT PROGRAM

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Hours Open to the Public:
Monday to Friday 9am – 4pm