

CARTER BURDEN NETWORK

National Volunteer Week April 7 - 13, 2019

FOR MORE THAN FOUR DECADES, Carter Burden Network (CBN) has been leading the way in aging services in New York City, giving voice to vulnerable seniors who otherwise might not be heard, providing innovative services and programs of the highest quality, and opening our doors to all.

Carter Burden Network relies on your generous support and partnership to continue developing and expanding the vital resources we provide that improve and enrich the lives of NYC seniors.

Volunteering at the Carter Burden Network

Volunteers are an integral component of the Carter Burden Network's 40+ years of success. Each year, the Carter Burden Network works with hundreds of corporate volunteers who share in our dedication to ensuring that older people live safely and with dignity.

Volunteer with us during National Volunteer week!

Celebrate National Volunteer Week by scheduling an engaging employee volunteer activity that will foster camaraderie among staff, increase your visibility in the community, and make a meaningful, positive difference in the lives of elderly New Yorkers.

Become a Corporate Partner

Join our National Volunteer Week \$15,000 fundraising challenge and double your impact with a donation of \$1,000 or more. Your added contribution will support the critical programs and services our seniors rely on every day.



Invesco volunteers delivering meals to homebound seniors. Deliveries also act as a wellness check and friendly visit.

Our History

The Carter Burden Network (formerly known as The Carter Burden Center for the Aging) was established by New York City Council Member Carter Burden in 1971. Burden, who represented the Upper East Side of Manhattan, founded the center to assist the neighborhood's large number of elderly residents who were poor, in declining health and isolated.

We have grown from a single center to a network of programs and locations in Manhattan that serves more than 5,000 older New Yorkers every year. We help a growing number of older people lead richer lives with dignity and support.



Macquarie Group volunteers serving meals to seniors during meal service.

Our Mission

Carter Burden Network promotes the well-being of seniors 60 and older through a continuum of services, advocacy, arts and culture and volunteer programs, all oriented to individual, family and community needs. We are dedicated to supporting the efforts of older people to live safely and with dignity.

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National Volunteer Week Corporate Volunteer Opportunities

We offer a wide variety of opportunities to meet your organization's interests.

MEAL SERVICE

Every day, seniors gather to socialize and enjoy a hot meal, served restaurant-style meals made in our own kitchens. Volunteers work both in the kitchen and dining room in food preparation, meal distribution and cleaning capacities.

Hours and Locations: Volunteer hours are from 11:00am-1:00pm. Meal Services operates in two locations:
Monday-Friday at the Carter Burden Luncheon Club & Senior Program on the Upper East Side at 351 East 74th Street.
Monday-Sunday at the Carter Burden/Leonard Covello Senior Program in East Harlem at 312 East 109th Street.

MEAL DELIVERY

The Carter Burden Luncheon Club oversees meal delivery to homebound seniors on the Upper East Side of Manhattan. Meals are delivered on foot to clients living between 69th and 79th Streets, between 5th Avenue and the East River. Volunteers should be able to carry 5-10 lbs. and walk up several flights of stairs comfortably.

Hours and Locations: Volunteer Hours are from 10:15am to 12:30pm, Monday-Saturday out of the Upper East Side location.

CLASS INSTRUCTION

Volunteers lead classes by teaching seniors an array of different activities, exercises and technology sessions. Some examples include crafting, holiday card making and computer classes.

Hours and Location: Time commitment is flexible and location is to be determined.

SPECIAL EVENTS AND CUSTOM PROJECTS

Customize an activity tailored to your group's preferences. Options include arts projects, interactive karaoke, bingo and board games.

Hours and Location: Time commitment is flexible and location is to be determined.



Morgan Stanley volunteers packing healthy take-home snacks for seniors.

Benefits of Corporate Volunteering

Volunteering encourages team work, improves job satisfaction, promotes leadership and develops your employees' skills; all while helping your community and boosting your company's corporate social responsibility public profile.



KIND Snacks volunteers at their custom Ice-cream Social event.



Enjoy a team bonding art class with seniors in our studios led by professional teaching artists.

Contact Us:

For more information on corporate partnership opportunities, please contact:
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leading the way in aging services