


# FEBRUARY 2018 ACTIVITY CALENDAR

## CARTER BURDEN/ROOSEVELT ISLAND SENIOR CENTER (546 MAIN ST.)

MON-FRI 9AM-5PM ♥ LUNCH : 12PM ♥ PHONE: 212-980-1888



| MONDAYS  | TUESDAYS  | WEDNESDAYS  | THURSDAYS   | FRIDAYS   |
|--|---|---|---|---|
| <b>AM</b><br>9:30-10:30: Skills in Motion w/ Charisma & Asphalt Green<br>10:30-11:30: Charismatic Calisthenics w/ Charisma   | <b>AM</b><br>9:30-10:30: Forever Young w/ Zandra<br>10:30: RIO Shopping Bus   | <b>AM</b><br>9:30-10:30: Seated Yoga w Irene<br>10:00-12:00: Computers w/ Alex<br>10:30-11:30: Stretch & Tone w/ Kathy (Resume February 21 <sup>st</sup> )  | <b>AM</b><br>9:30-10:30: Skills in Motion w/ Charisma & Asphalt Green (Ends Feb 8 <sup>th</sup> )<br>10:30-12:00: Computers w/ the Library<br>10:30-12:00: Knitting w/ the Library<br>10:45-11:45: Feldenkrais Method   | <b>AM</b><br>9:30-10:30: Forever Young w/ Zandra<br>10:45-11:45 Road Runners Striders Walking Club w/ Sid   |
| <b>PM</b>  | <b>PM</b>   | <b>PM</b>   | <b>PM</b>   | <b>PM</b>   |
| 12:30-1:30: Road Runners<br>Balance Fitness w/ Sid   | 1:00-4:00: People, Places, & Things Art Workshop w/ Michael<br>1:30-2:30: Financial Literacy w/ Peter Lew<br>3:00-4:00: Web Literacy w/ Vobhore * New Time* | 1:00-4:00: Art Workshop w/ John<br>1:00: Bridge<br>1:00: Charismatic Calisthenics w/ Charisma<br>1:30: Scrabble   | 2:00: Movie<br>2:00: Web Literacy w/ Vibhore  | 1:00-3:00: Computers w/Alex<br>1:00-4:00: Art Workshop w/John<br>1:00-3:00: Korean Social<br>2:00-3:00: Seated Yoga w/ Irene<br>3:00-4:30: Genealogy w/Lynn   |
| SPECIAL EVENTS   | SPECIAL EVENTS  | SPECIAL EVENTS  | SPECIAL EVENTS:   | SPECIAL EVENTS  |
| 5 <sup>th</sup> : Doll Making w/Davida (1:30pm-3:30pm)<br>12 <sup>th</sup> : MetroCard Van (11-12:30pm)<br>12 <sup>th</sup> : Jewels w/ Judy (1:30-3:30pm)<br>19 <sup>th</sup> : CLOSED<br>26 <sup>th</sup> :Jewels w/ Judy (1:00-3:00pm)<br>26 <sup>th</sup> : Doll Making w/Davida (3:00pm-5:00pm) | 06 <sup>th</sup> : AARP Tax Assistance until April 17,2018 (9AM-1PM)<br>13 <sup>th</sup> : Walmart North Bergen (10AM-2PM)                                  | 7 <sup>th</sup> ,14 <sup>th</sup> , 21 <sup>st</sup> , 28 <sup>th</sup> :<br>Columbia University Occupational Therapy students (1:00-2:00 pm)<br>7 <sup>TH</sup> ,21 <sup>ST</sup> : Assembly Member Seawright Rep (10-2:00 pm)<br>14 <sup>th</sup> : Pot Luck Valentine's Day Party (1:00pm- 4:00 pm) Live DJ sponsored by Integra<br>14 <sup>TH</sup> ,28 <sup>TH</sup> : Senator Serrano's Rep (11:00-2:00 pm)<br>28 <sup>th</sup> : Black History Month Celebration (1:00pm-3:30pm) | 1 <sup>st</sup> : NYPD Senior Safety (11:00am)<br>8 <sup>th</sup> : Pooled Income Trust w/ Edison Care (12:45pm)<br>8 <sup>th</sup> : Senior Center General Meeting (3:00-4:30 pm) Refreshments will be served.<br>15 <sup>th</sup> : Access A Ride presentation (11:00 am)<br>22 <sup>th</sup> : Birthday Celebration (1:00pm-2:00pm) Live Music | <u>TRIPS</u><br>1 <sup>st</sup> : Naguchi Museum (12PM)<br>9 <sup>th</sup> : Walmart Valley Stream in Collaboration w/ RIDA (10AM)<br>23 <sup>th</sup> : Chinese New Year's Celebration at Covello 10 AM<br> |

**ALL PROGRAMMING IS FREE. VOLUNTARY CONTRIBUTION OF \$1.50 REQUESTED FOR LUNCH.**

PARTIALLY FUNDED BY NYC DEPARTMENT FOR THE AGING